

GOLDEN WEST MIDDLE SCHOOL MUSTANG CUISINE



SALADS

- Monday**- Caesar Salad
- Tuesday**- Chef Salad
- Wednesday**- Taco Salad
- Thursday**- Crispy Chicken Salad



FAVORITES

- Monday**- Noodle Bowl- Noodles w/ Rich Broth and Chicken & Veggie Dumplings
- Tuesday**- Beef or Chicken Taco w/ Handmade Corn Tortilla & Golden West Salsa
- Wednesday**- Roasted Meatloaf w/ Gravy, Mashed Potatoes, and Green Beans
- Thursday**- Beef or Chicken Taco w/ Handmade Corn Tortilla & Golden West Salsa
- Friday**- Pasta Bar – Pasta topped with your choice of Chicken or Meatballs and Vegetables and your choice of sauce



PIZZA

- Monday**- Cheese or Pepperoni Pizza
- Tuesday**- Cheese or Pepperoni Pizza
- Wednesday**- Cheese Pizza
- Thursday**- Cheese or Pepperoni Pizza
- Friday**- Cheese or Pepperoni Pizza



BREAKFAST

- Monday**- Mini Pancakes or Breakfast Pizza
- Tuesday**- Fresh Baked Fruit Muffin or Breakfast on a Stick
- Wednesday**- Sausage, Egg, & Cheese on a Fresh Baked Biscuit or Cinnamon Coffee Cake
- Thursday**- Cocoa Banana Parfait w/ House-Made Granola or Banana Bread
- Friday**- French Toast Casserole or Fresh Baked Cinnamon Roll

DELI

- Monday**- Sun Butter and Jelly Sandwich
- Tuesday**- Turkey & Cheese on Fresh Baked Bread
- Wednesday**- Caesar Wrap
- Thursday**- American Sub- Turkey, Ham, and Cheddar on Fresh Bread
- Friday**- Egg Salad on a Fresh Baked Roll

GRILL

Monday- Friday



Specials Include:
Hamburger, Chicken Patty, Rib B Que, Corn Dog, Chicken Strips, Spicy Chicken Sandwich, Spicy Chicken Strips, and Hot Dog

DID YOU KNOW?

The Child Nutrition team makes their tortillas from scratch on taco days for the freshest tacos!

Student 2nd Meal Price:

Breakfast: \$3.25

Lunch: \$5.25

Adult Meal Price: Breakfast: \$5.70

Lunch: \$5.70

You must select a half cup of fruit or vegetable or a combination of both with your meal. We offer fruits, vegetables, non-fat chocolate milk, and 1% white milk daily with your meal.

Menu is subject to change.

This institution is an equal opportunity provider.

